

November 8: Leadership Training

Introduction: Leadership training takes a variety of forms and methods. Today, we will be exploring a couple skills that leaders need.

1. The first is an activity in assessing a situation, thinking on your feet and making a decision:

Assess and Decide: Options, risks, what do you do? Consequences? Weigh pros and cons and decide what is the best decision.

The Situation: Your team has prepared a fabulous game with a great theme that involves décor throughout the whole building. Not only does it look epic, it takes over a lot of the church space, blocking access to other supplies you don't need while leaving pathways and doors clear. Thirty junior highs are thoroughly enjoying this game as they run wild throughout the building. You've designed this game to take the full night on its own and to be played through only once (it's a mystery you just can't re-solve). The game is almost over, and you realize you still have 40 minutes left in your night and those thirty junior highs are hyped up. Having free time for 40 minutes just won't do with all of the set-up you had done for the game blocking the games and supply closet.

What do you do?

1. Think about some options on your own. Write down some ideas you have, weigh the pros and cons of each then circle which one you decide.

After thinking on your own, check out the next page with some options. If these were your only choices, which would you do and why? (There is no correct answer in this scenario. Each has its own drawbacks)

Option A: Throw in a sudden twist that extends the game another fifteen minutes. Then choose a game that takes no supplies to fill the last of the time.

Option B: After the game ends, switch to playing a game that requires no supplies, then end the night ten minutes early for some time to chat.

Option C: Take a ten-minute rest break after the game to grab water, use the restroom and relax. Meanwhile, you move décor to access the supplies and open it up for free time for the next half hour.

Self-assess:

- How did you feel as you made your decisions?
- In what ways did you find it challenging?
- What areas/skills do you feel you would excel?
- What skills would you most like to work on in the future?

2. Ability to set/achieve goals. How good are you at setting and achieving goals? The whole point of this exercise is to be able to set and achieve increasingly difficult goals. Your task is to 1. Set a realistic goal (examples below). 2. Work at completing that goal in the time you set. 3. Think about what you need to complete it, what could stand in your way, and how you'll overcome the distractions/obstacles/etc that can make it hard to complete. And finally, 4. Once you achieve that goal, pick a new and harder goal.

Choose something you don't already do!

Goal Examples:

- Give 3 people a sincere compliment today.
- Read my Bible every day for a week.
- Do my chores without complaint for a month.
- Make my bed every morning for a month.
- Each day this week, make a list of five positive attributes of someone I don't like or don't understand.
- Put aside \$5 of every paycheck this year for a charity.

Goal	Time Frame	Steps to Achieve	Possible "speed bumps"	Plan to overcome "speed bumps"	Goal achieved?
1.					
2.					
3.					
4.					
5.					