

Week 6 Idea:

Get Outside – we have been gifted with the arrival of spring weather and the freedom to still go outside. Take advantage with some ideas for playing outside.

Websites with lots of ideas:

<https://www.teachthought.com/learning/what-a-digital-native-needs-to-know-about-playing-outside/>

<https://happyhooligans.ca/category/outdoor-play/>

<https://www.parents.com/featured/GetYourKidsPlayingOutsideFlonase>

<https://www.notimeforflashcards.com/2012/03/50-simple-outdoor-activities-for-kids.html>

Quick Ideas:

- Walk, Bike, Rollerblade, skateboard: play a game as you go
 - eye spy
 - spot something that starts with the letter A, B, C...
 - collect nature items to make a collage when you get home
 - make only right turns and see where you end up
 - plan your route so that you have to pass by a certain list of things (a school, 15 trees, a blue house, a grocery store, a friend's house etc.)
- Play a sport in your backyard, driveway or nearby green space (playgrounds are closed but open grassy spaces are still open)
 - Soccer
 - Badminton
 - fly a kite
 - play catch with a ball
- Make an obstacle course with patio chairs, ropes, old wood, or draw one with chalk on the side walk (circle = spin, square means jump, etc.)
- Go on a picnic (open grassy spaces are still open) watch the clouds as they change and make shapes
- Do a treasure hunt in your backyard (you can look for those plastic Easter eggs still hanging around or hide painted rocks!)