

How spiritual are you???..... we need a check-up

Bible reading: Psalm 15:1-5 Ezekiel 36:25-27

Psalm 51: 10-12

Every human being needs to once, twice or more have a physical check-up in the hospital or clinic when we feel things are not going well with our natural bodies. So, we see the doctor for advice or find out what is wrong with us. Why do we have to do that? Because we want to function well physically as human beings. We are asking the doctor to help restore or bring us to the level we can function as before.



All these we must do because there is a malfunction or weakness or a problem which might have been caused either by us or by an invading bacterium in our system. It may be also caused by others who in one way or other have infested us with some bacteria. So, we need to check-in to the clinic. That is why spiritually, every Christian need to check-in to the spiritual clinic to find out where we are in our daily walk with Christ.

As Christians, we are infected or affected by the things going on around us both external (world systems or friends) and internally (our thoughts, our family or church or body of believers). These infections derail our spiritual life one way or the other. Example: Our business is not moving the way we wanted, and things are running down all around us. We question ourselves, "what we are doing wrong?" God, why?

Or maybe you lose your job suddenly, and the bills start coming in an unusual way. We start choking and wonder where we stand in God's plan?

Or maybe, your prayer life has become weaken and we cannot pray fervently as before, or we feel our powerful prayers are not enough to stand against a small attack; or maybe our marriage is on the rocks?



THE FAMILY THAT PRAYS TOGETHER.
STAYS TOGETHER.



Wife or husband unresponsive to love and show affection; maybe we use to read the bible and have a quiet time with God fully seated and we can feel it. But you have become so busy such that we cannot attend to our daily devotion with God anymore. We need to CHECK-IN to our spiritual hospital for a check-up. We need the great physician to look at us and diagnose what is going and restore us to our spiritual standing.

His word said, " ... Who may dwell in your sacred tent? Who may live on your Holy mountain?" God has a standard of spirituality; He expects we as Christians to attain

To meet this standard, we need a revival in our lives as individuals, as a church, and as a nation. We need restoration, a reawaken, renewal of our spiritual relationship with Christ through the Holy Spirit. We need to refresh our selves by obtaining a fresh inflow of a new life, joy, love, and power of God. The refreshing makes us come alive again. It rebuilds, quicken and makes us reconnect to God again. It deepens our faith in God. We need fresh oil for a fresh start. Do you qualify to dwell in God's sacred tent? Or Do you qualify to live on His holy mountain?

Who needs to check-in? **(Note the Slide)**

1. The individual- our lives have no testimony any longer, we are prayerless and ineffective. Psalm 51:10-12. We need a new life.
2. The church- we have carnality, hatred, adultery, in-fighting, leadership struggles that make church powerless. Christ letters to the churches in Revelation 2 & 3 shows issues they were facing:
 - Ephesus - do not tolerate wicked men. They should test those who called themselves apostles. Yet forsaken their first love.
 - Smyrna: - were persecuted from all angles. This creates anxiety and worry
 - Pergamum: - Very faithful. Yet there was immorality, idol worship, and compromise to worldly systems and stands
 - Thyatira: - Deep love for God, faithful and persevering in things of God. Yet allowed wrong teachings, immorality, and learning of Satan's deep secrets
 - Sardis: - Church that is alive and vibrant outwardly. Yet they are a dead and sleeping church. They were following religious ritual but no substance.
 - Philadelphia: - Church with endurance. Held on to God's word and name. Yet they were complacent and allow Satan's synagogue to exist among them.
 - Laodicea: - A look warm church. They were a careless church. They believed they were rich and wealthy and so became proud. Yet they were very wretched, poor, blind and naked.
3. The Nation: We have been Self-seeking people, disobedience to God's call, lovers for money, occultism, perversions and all manner of evil. We are no more lovers of God and people but selfish. It took Ezra the Priest and teacher of God's word to identify a sin of disobedience. He then led the people to confess and ask God for restoration. Ezra chapter 10 & Nehemiah chapter 8-10

What is the process of checking-in? (Note Slide)

- a. We must be honest with ourselves that we need a spiritual awakening. We must concede in our hearts that something is missing and that we need help. It must come from us as an individual; the church as a spiritual body; the nation as a people. Psalm 51: 3-5; Ezra 10:4
- b. We must check-in to the Lab of the Holy Spirit's for X-rays and blood work to be done, to diagnose and identify the weakness; and to allow Christ to prescribe our medication or solution. We can allow the Holy Spirit to use other spiritual people, or individuals with greater gifts to help tell us the mind of Christ concerning our situation.
- c. We must take action through prayer, fasting and reading God's word. We must also seek help before we go too deep. In acting, we need to flush out the toxic in our lives. Do not harbor some and flush some. We are asking God to restore and renew us. No room for half baked revival.
- d. Take stock after the process to ensure all leftovers are dealt with. Catch all the little foxes that will spoil your vineyard. Song of Solomon 2:15
- e. Allow your heart to receive the fresh oil. Fill your mind with heavenly things. Colossians 3:1- 5
- f. Lastly, do this as often as we discover or identify that we have been infested by ungodly activities in our walk with God.

Benefits of Checking into the Spiritual Clinic/Hospital:

- i. Renewal and restoration. It emboldens us to step out spiritually. – Isaiah 40: 31
- ii. God takes Away the stubbornness in our hearts and gives us a new heart – Ezekiel 36: 25-27
- iii. We draw closer to Christ than before. Psalm 91: 1
- iv. ^{The fresh} anointing brings fresh results. Our hearts become pure and holy; ready to worship God – Psalm 24: 4-5

In conclusion, we walk every day thinking we are spiritual sound and that we are seeing the blessing of God in our lives. Everything around us seems fine till we are confronted by an issue then we see that our foundation is sinking sand. Note our we fight not against flesh and blood. Ephesians 6:10. But against unseen forces that consistently wage war against us using other people, worldly systems and even our own family. Put on the full Armour of God and do everything you can to stand. Seek the Holy Spirit help for a revival.

My question to you today: "How healthy are you spiritually???" Just check yourself in. U need a check-up." Amen.